

Birla Open Minds Preschool Newsletter



Dear Parent,

Warm Greetings!

“How can we expect our children to know and experience the joy of giving unless we teach them that the greater pleasure in life lies in the art of giving rather than receiving?” – James Cash Penney.

Welcome you all to our October Newsletter Edition of the Academic Session 2022-23. The students of Birla Open Minds Pre School, Nallagandla experienced wonderful learning experiences through the activities that were conducted during the month of October.

The real joy!!

After Dussera vacation, children were so excited and happy to be back to school and connect with their friends again, after spending days of sharing love and joy with their families. Love and respect for the grandparents and the enthusiastic participation of the grandparents was very evident and heartening to see during the Grandparents' day celebrations as part of the Diwali Mela. The various games and other interactive activities were well attended by our grandparents and we whole heartedly thank and greet each and every grandparent from our side.

Proud of Grade 1 and 2 students who took their first SOF - GK Olympiad exam with great confidence.

Regards

Editor

BirlaOpenMindsPreschool.

Birla Open Minds Preschool Newsletter

Pre –Nursery

Play pets

Simply sound

Recap

Themes in the month of
October

K1& K 2

Only Ocean

Flickering Fire

Recap

Nursery

Fussy Fish

Singing Sounds

Recap

Themes in the month of
October

Gr 1 & G2

Our Universe

Birla Open Minds Preschool Newsletter

Parent Engagement

By **R Ramya**



It's OK to say "NO". As saying "no" is important for a child's development and for establishing his identity as an individual. Saying "no" is a form of setting boundaries and limits.

It helps the child to develop emotionally like having a healthy positive attitude, patience, values and clear codes of behaviour and conduct. It is important for parents to communicate and nurture limits that coincide with their own values, experiences and knowledge. More importantly, as the child grows, more they hear "NO" from the society outside and child will be prepared emotionally to handle those "NO"s.

Few circumstances when parent need to say "NO"

- When the child's action might hurt him/herself and others or might break things. Saying "no" is often necessary in some instances to protect children from harm.
- Not always everything goes as per the intended plan. So when the child insists on sticking to the plan, you can say "no". It helps the child to learn patience.
- The children understand our values based on the choices we make. If the child wants to do something which is against values, then say "no".
- Occasionally when the need of someone or something matters more, you can say "no" and the children learn how to be generous and be empathic.
- When a child can do things on their own, but insists others to do it, you can say "no" and make the child own the responsibility. You can guide the child if required.
- Whenever your child asks for something, check whether it is a want or need. If it is a want, occasionally it can be fun but not always. So you can say "no". The child learns to practice handling disappointments.

Just remember, it's OK for your child to experience uncomfortable emotions, like sadness and disappointment, for "you are giving your child an opportunity to practice to deal with their emotions and face the real world more confidently".

Visit us

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by *Ms. Sai Sree*

TIME MANAGEMENT FOR CHILDREN

Time management is the skill of planning the tasks according to the time. Parents can help the child to create awareness to child about the time management. It increases their confidence levels and helps them reach their goals or complete their tasks faster with self-discipline. But learning how to manage time management should be fun for children.

Few tips to inculcate time management in children.

- Make child's routine activities into a checklist with time.
- Establish clear wakeup, bedtime and meal time to start with.
- Use crayons to colour their own calendars.
- Add stickers to mark special days.
- Make it a game to see can complete the tasks.
- Make to do lists.
- Set the reminders.
- Guide the child to break the tasks into manageable parts.
- Make them use timers.
- Give them an appreciation trophy for encouragement.

They will end up doing things or complete their work in a smarter way and improve their time management skills.

"Finally they will land up in a quality of work and learning."

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DIWALI CELEBRATION

"Festival of lights"



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Grandparents' day celebrat
"Grandparents love will never get old"



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Diwali Mela "Fun with family"



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LET'S EXPLORE!!

"Learning one new thing everyday"



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BIRTHDAY BABIES OF OCTOBER



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Do You Know ?



"Firefighters are trained to get dressed in Less than Two Minutes! This includes all of their gear, which can weigh from 80-120 Pounds."



DID YOU KNOW?

Musical Instruments



The **violin** is a stringed instrument played with a bow. The violin consists of a few main parts. It is tuned by means of the key and different sounds and tones can be obtained by pressing the hand on the strings.

Clarinet, a member of the family of woodwind instruments, consists of a long tube with a mouthpiece on one end and a bell-shaped end.

Saxophone is one of the wind instruments. The structure has a monolingual mouthpiece of the clarinet, a metal body and a conical part of the oboe.

The **piano** is a key instrument. Keyboard instrument that sounds sound by striking the wires thanks to its complex hammer mechanism when the keys are pressed.

The **guitar** is an old instrument. The history of the guitar can be traced back to 4000 years.

Accordion; Originating from the musical instruments of African and Asian societies, the accordion was originally designed in Austria in the nineteenth century.

THE LONGEST MOUNTAIN RANGE ON OUR PLANET is the Mid-Atlantic Ridge, which stretches from Iceland to Antarctica under the Atlantic Ocean.

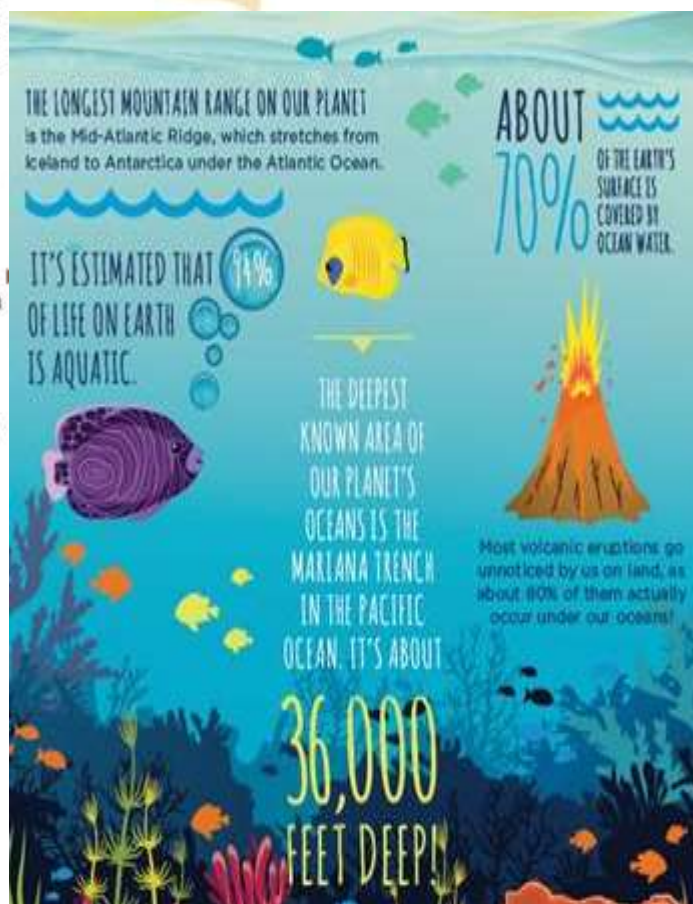
IT'S ESTIMATED THAT 94% OF LIFE ON EARTH IS AQUATIC.

THE DEEPEST KNOWN AREA OF OUR PLANET'S OCEANS IS THE MARIANA TRENCH IN THE PACIFIC OCEAN. IT'S ABOUT

36,000 FEET DEEP!

ABOUT 70% OF THE EARTH'S SURFACE IS COVERED BY OCEAN WATER.

Most volcanic eruptions go unnoticed by us on land, as about 80% of them actually occur under our oceans!



Next Month

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Important Dates

Celebrations

Guru Nanak Jayanthi - 7th November, 2022, Monday

Children's day – 14th November, 2022, Monday.

Holidays

Guru Nanak Jayanthi – 8th November, 2022 Tuesday.

Events

Alpha to Omega Science Exhibition – 19th November, 2022. (Grade 1 and 2)

Theme Culmination - 19th November, 2022. (K 1 and K 2)

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Pre – Nursery

Bulky baskets

Simply Strings

Upcoming Themes

K 1 & K 2

Popular Paper

Jumping Jute

Comfy cotton

Busy birds

Nursery

Bumpy Boxes

Fancy Fabrics

Upcoming Themes

Gr 1 & 2

Our Universe

Theme End Assessment